

Alternative Medicine



Alternative Medicine is alive in America! Each day more and more people and doctors are turning to alternative medicine for new answers and options in health care. It's origins come from Europe, principally from Germany, although it is found in many other European countries as well.

I began my studies in science and medicine at the Freie Universität, Berlin. This university has produced more winners of the Nobel prize in science and medicine than any other university in the world, and more of the most critical breakthroughs and discoveries in medicine and science have come from this university than anywhere else.

In Germany there is a long, rich heritage of academic excellence in both classical medicine as well as alternative medicine, and the Freie Universität, Berlin, is a world leader in both. That is why I began my academic studies in science and medicine at this university, because I wanted the very best possible education to be the very best health care practitioner I could become.

My total academic university training spanned 14 years. After that I entered private practice with a focus on nutrition and detoxification. I earned an MD, MA (MD in Alternative Medicine) through further studies in America and the Open International University, College of Alternative Medicine, in Sri Lanka.

I have been in private practice for 35 years. In American health care there is more separation or fragmentation of different medical disciplines compared with Germany. In American terms, our work is a combination of family and internal medicine, but very strictly from a natural and alternative perspective. In German this is called "Allgemeinuniversitätsmedizin." This is reflected in the picture above showing the American and German flags with the Brandenburg Gate in Berlin, an icon for freedom and hope around the world.

We highly respect our colleagues, doctors and nurses, who practice classical allopathic medicine, they do excellent work and sincerely want to help people. Our approach, however, is different by design and intention: we do not diagnose, nor attempt to treat, cure nor prevent any medical problems or diseases - we do not prescribe Rx drugs, we do not perform surgery - those are the services of classical allopathic providers - our work is restricted only to natural and alternative services.

I have training and hold Board Certification in Naturopathic Medicine through three separate, independent accreditation and certification organizations. I am an active member of the WONCA, an international organization of doctors from around the world who practice "Allgemeinmedizin" and who embrace natural and alternative methods of patient care.

I am also an active member of the American Naturopathic Medical Association (ANMA) and the American Association of Physicians and Surgeons (AAPS), as well as a Diplomate of the College of Physicians (DCP), a Fellow of the American Association of Integrative Medicine (FAAIM) and hold Diplomas in Homoepathy (DiHom), and as a Natural Health Consultant (DNHC). Because my work is in natural and alternative health care I choose not to be a member of the AMA (American Medical Association).

If you or someone you care about needs help with personal health issues and you want to learn more about natural and alternative medicine please feel free to contact us. We are happy to speak with you by telephone and we can send you information about the health issues which concern you - we have a research literature library of over 3,000 articles about every kind of health concern.

You can also learn more about us by visiting our website: www.getyourlifedback.org. We would be glad to share any information which may be of help to you in understanding and improving your health using natural and alternative methods:

**Alternative Health Concepts, LLC James R. Bowman, MD,MA, ND, DNHC, DCP, FAAIM, DiHom
Stevens Point, WI. 54481 tel 715.341.4949**

NOTE: Because we restrict our work only to naturopathic and nutritional services as noted above I am not nor do I seek to be licensed as an MD in Wisconsin, but I am authorized by the Department of Regulation & Licensing, Madison, to share information about my academic background and training for educational purposes and to help you better understand our work and our services. Please contact us with any questions, we'd be happy to speak with you.